

Arlington Public Schools Breakfast/Lunch Menu

October 2022

Breakfast Choices: Entrée, yogurt, cereal, 2 slices of toast, fruit and juice, choice of milk daily.

Lunch Entrée Choices: Hot Entrée or Yogurt w/Cheese Stick. Fruit/Vegetable Bar offered daily. Choice of milk daily.

Mon	Tue	Wed	Thu	Fri
3 B-Omelet L-Chicken Nuggets Mash potatoes w/Gravy Dinner Roll	4 B-Pancakes L-Rib/Hotdog FFs Bugbites	5 B-Tornado L-Macho Nacho Cinn Roll	6 B-Coco Bread L-Hamb/Chs Bgr Seasoned FFs	7 B-Egg Round L-Moz Cheese Dunkers Dipping Sauce Green Beans Cookie
10 B-Sausage Patty L-Chic Tenders/Fish Sticks Baked Beans Lil Jon	11 B-Pancake On Stick L-Pork Tend/PBJ FF	12 B-Omelet L-Chicken Fried Steak Mashed Potatoes/Gravy Dinner Roll	13 B-Biscuits w Gravy L-Sloppy Joe/PBJ FFs Scooby Snacks	14 B-HamPattie L-Taquitos/Corndogs Green Beans Churro
17 B-Omelet L-Popcorn Chic Peas Cookie	18 B-Waffle L-Chic Fajita Wrap Corn Pudding Cup	19 B-Scrambled Eggs L- Tomato Soup Grilled Cheese Sand	20 B-Donuts L-Pizza Crunchers Green Beans Brownie	21 No School
24 B-Breakfast Bar L-Chic Patty/Fish Sand Au Gratin Potatoes Dinner Roll	25 B-French Toast L-Enchilada Casserole/PBJ Green Beans Cookie	26 B-Omelet L-French Dip w/ Au Jus FFs	27 B-Pancakes L-Quesadilla/PBJ Refried Beans Mini Loaf	28 B-Oatmeal L-Pizza Corn Frozen Fruit Cup
31 B-Egg Round L-Vampire in Coffin Crunchy Bones Monster Cookies				All Menus subject to change.

This institution is an equal opportunity provider.

