



2009 Arlington High School Youth Softball Camps

June 1st & 2nd – Grades 2nd-4th

June 3rd & 4th – Grades 5th-7th

June 5th – Rain out date

Camp Schedule

Please use current grade when determining camps. Parents are responsible for drop-off and pick-up of all campers.

June 1st – 2nd - 9:00 A.M. – 11:30 P. M.

2nd, 3rd, & 4th Grade Fundamental/Hitting Camp

Camp will focus on proper method of warm-up, throwing and receiving fundamentals, fielding mechanics, base running and hitting skills.

June 3rd – 4th - 9:00 A.M. – 12:00 P. M.

5th, 6th, & 7th Grade Fundamentals/Hitting Camp

Camp will focus on proper method of warm-up, throwing and receiving fundamentals, fielding mechanics, base running and hitting skills. As well as more advanced skills and drill work.



General Information

FACILITIES: All camps will be taking place at the Arlington Youth Sports softball 4-plex located on east side of Arlington.

EQUIPMENT: Campers should bring their own glove for the fundamental part of camp and their own bat for the hitting part of the camp. All campers should be dressed in comfortable workout attire. You may feel free to wear cleats since we will be working out on the field. We recommend bringing a water bottle or sports drinks due to weather conditions.

HEALTH CARE: All campers must carry their own insurance. Arlington High School, its coaching staff, its players and the Arlington Softball Camp cannot be responsible for injuries sustained at the camp.

REGISTRATION: All campers must have a registration and parental consent form prior to participating. Registration will take place at the complex 15 minutes prior to start of each camp.

T-SHIRTS: Campers will receive a t-shirt. T-shirt sizes will be on a first come first served basis unless the

Questions?

Contact Janelle Lorsch

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Registration Form



Name

Age/Grade

Address

City/State/Zip

Parents Name

Home Phone

Work Phone

Shirt Size (ADULT SIZES ONLY --- SMALL - XLARGE)

Insurance Company

Policy Holder & Number

Arlington High School, or their employees cannot be responsible for injuries sustained at camp. All campers must carry their own insurance and parents or legal guardians must sign below in understanding and compliance with this policy.

Parent Signature

Date

Check the appropriate boxes

(Please use your daughter's grade as of 2008-2009 school year):

____ 2nd, 3rd & 4th Grade Fundamental/Hitting Camp
June 1st & 2nd Cost: \$25

____ 5th, 6th, & 7th Grade Fundamentals/Hitting Camp
June 3rd & 4th Cost: \$25



Make checks payable to: Arlington Softball