

# EAGLE FOOTBALL CAMPS

## YOUTH GRADES 2-8

*Day By Day We Work To Get Better and Better!*

The camp will teach the fundamentals of football. Players will be taught

- Form tackling
- Form blocking
- Stances & starts
- Movement & agility
- Ball handling
- Position fundamentals
- Terminology and plays

### CAMP SCHEDULE

Flexibility and Football Agility  
Offensive Position Fundamentals  
Defensive Position Fundamentals  
Tackling Skills and Drills  
Play Terminology & Execution

- **Camp Director:** Coach Gubbels
- **Camp Dates:** Monday-Wednesday (July 19-21)
- **Time:** 6:00-7:30
- **Location:** High school practice field
- **Cost:** \$15.00
- This is a non-contact camp.  
Helmets and other protective gear are not needed.
- **Camp t-shirts, treats, and prizes provided**
- Contact Coach Gubbels if you have any questions.



---

### Football Camp Registration

Submit registration forms to the elementary or high school office.

PLEASE PRINT

Athlete's Name: \_\_\_\_\_

Grade(upcoming season): \_\_\_\_\_

Parents'/Guardians' Names: \_\_\_\_\_

Phone #: \_\_\_\_\_

Youth Shirt Size: M L (circle)

Adult Shirt Size: S M L XL XXL (circle)

#### Parental release and indemnity agreement:

I/We hereby agree that you accept the application for my child enrolled in the Arlington Elementary Football Camp during the dates set forth on this application. We hereby release Arlington Public Schools and its coaches and all support personnel from all claims on account of any injuries that may be sustained by our/my son/daughter while attending this camp.

Parent/Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_

\*\*\*Please note that t-shirts may not be available for last minute registrations.